



THE BOYS SCHOOL OF DENVER

Monday, Tuesday, Thursday, Friday Schedule	Time Block	Mins
Breakfast	7:40-8:00	20 mins
Movement (first bell of day-starts school)	8:00-8:50	50 mins
Mindful Momentum/ Transition to first block	8:50-9:00	10 mins
Block 1	9:00-10:00	60 mins
Block 2	10:04-11:04	60 mins
Block 3	11:08-12:08	60 mins
FLEX/Lunch	12:12-12:54 12:58-1:38	42 min FLEX 40 min Lunch
Lunch/FLEX	12:12 – 12:52 12:56 – 1:38	40 min Lunch 42 min FLEX
Block 4	1:42-2:42	60 mins
Block 5	2:46-3:45	59 mins



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Wednesday Schedule	Time Block	Minutes
Breakfast	7:40 – 8:00	20
Wellness Team	8:00-8:35	35
Block 1	8:40 – 9:38	58
Block 2	9:42 – 10:40	58
Block 3	10:44 – 11:42	58
FLEX/Lunch	11:46-12:26 12:28-1:08	40 mins lunch 40 mins FLEX
Lunch/FLEX	11:46-12:26 12:26-1:08	40 mins lunch 40 mins FLEX
Block 4	1:12 – 2:10	58
Block 5	2:14 – 3:12	58
Community Meeting	3:15 – 3:45	30